



Kackaamin

FAMILY DEVELOPMENT CENTRE

FAMILY HEALING

A time for parents/guardians & their children to reconnect, strengthen their family bonds, & work on healing together.

Main Components

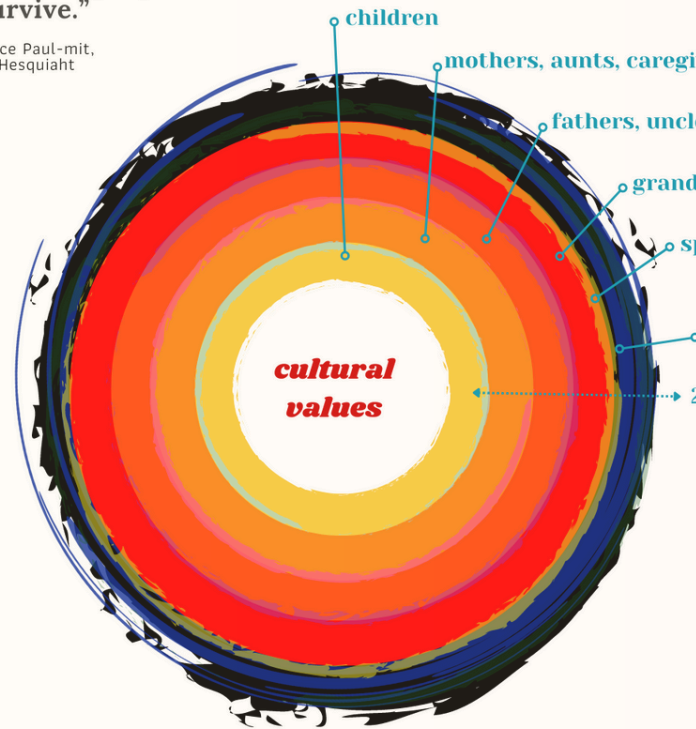
- ✓ Parenting & Connection
- ✓ Healthy Communication & Self-Awareness
- ✓ Addictions, Trauma, & Grief
- ✓ Family Wellness, Routine, & Commitment

Pre-requirements

- ✓ Commitment to Sobriety (see *Stabilization Checklist*)
- ✓ Individual Treatment / Healing Programs strongly recommended before attending with children
- ✓ Complete applications (available on our website)

“The ultimate law of our people is the protection of our offspring, for this is the way we as Nuu-chah-nulth people will survive.”

Alice Paul-mit,
Hesquiaht



Circle of Protection



Kackaamin Family Development Centre
adapted from Middleton-Moz

