



INTRODUCING KACKAAMIN'S NEW

# SUPPORTIVE RECOVERY PROGRAM

in partnership with Island Health

This specialized program will offer 12 Step program supports, cultural supports, and individual counselling.

Supportive Recovery draws upon Western and Indigenous approaches to healing through a trauma informed lens. The Four Indigenous Values of Belonging, Kindness, Cooperation and Respect are interwoven into the program.

Supportive Recovery is offering space to those individuals who need safe housing and continued support in recovery from addictions and trauma. Priority will be given to Nuu-chah-nulth members, as well as individuals of First Nations, Metis and Inuit ancestry residing within the Traditional Territory of the Nuu-chah-nulth peoples. It is intended for those age 19 years and older, with moderate to severe addictions/substance use concerns which may include co-occurring mild/moderate mental health concerns such as depression, anxiety, and/or situational crisis. A lesser portion of clients may be referred for a milder addictions/substance use concern in order to preclude escalation in severity.

The program will explore:

- Accessing resources such as AA/NA, housing, counselling, treatment programs
- Strengthening coping and recovery skills
- Vocational and educational plans
- Obtaining gainful employment
- Practicing life skills
- Building Resilience

Accommodation at Kackaamin Family Development Center will be provided.

Program length may vary, but will include stages of “social detox”, stabilization, and building safe and healthy connections in community toward re-integration.

Please connect with Program/ Intake Coordinator, Jessi Chase, at 250-723-7789 or [jessi.c@kackaamin.org](mailto:jessi.c@kackaamin.org) for appropriate applications and for any questions or concerns related to programming application requirements.

