



**Kackaamin**

FAMILY DEVELOPMENT CENTRE

# RESTORING BALANCE: GRIEF & LOSS

**For parents & their children  
/ youth**

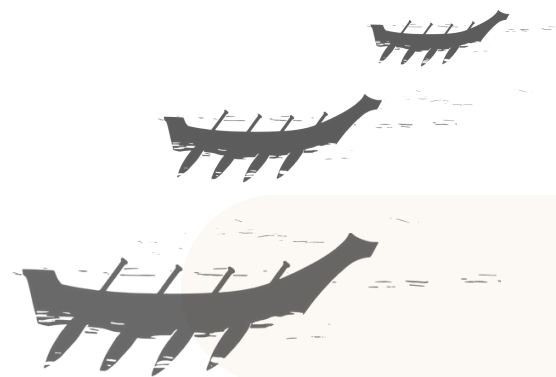
March 8 - 13, 2026

## Main Components

- ✓ Self-Awareness & Self-Regulation
- ✓ Addictions, Trauma, & Blockers to Grief
- ✓ Processing & honouring Grief

## Pre-requirements

- ✓ Detox & Sobriety (see *Stabilization Checklist*)
- ✓ Complete applications (available on our website)
- ✓ Parent/caregiver must have custody of child(ren)
- ✓ Funds for groceries/snacks, travel arrangements to/from Kackaamin



## we will provide:

- ✓ Shared accommodation onsite
- ✓ Breakfast & lunch

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