



**Kackaamin**

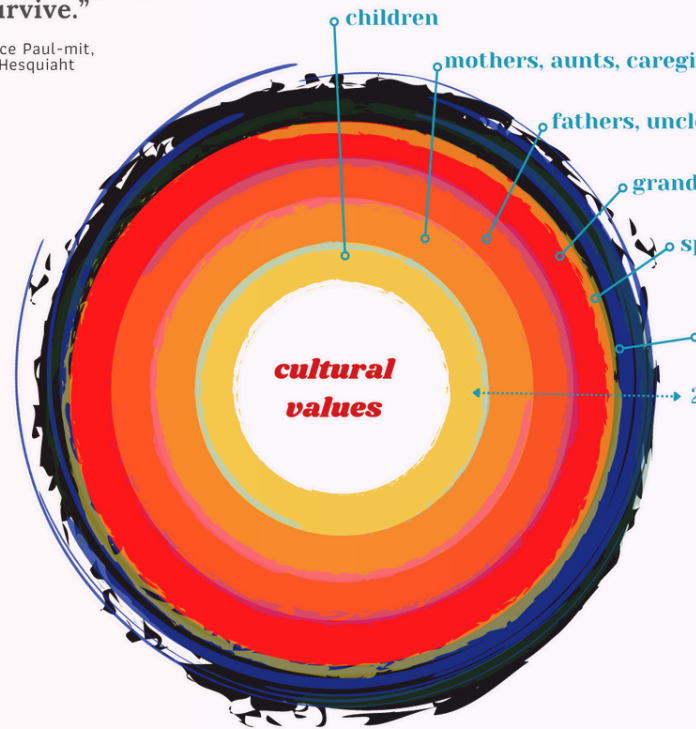
FAMILY DEVELOPMENT CENTRE

# GRANDMOTHERS', MOMS', AUNTIES', CAREGIVERS HEALING

A women's healing group to process trauma & grief, to reconnect to self & their important role in family & community.

"The ultimate law of our people is the protection of our offspring, for this is the way we as Nuu-chah-nulth people will survive."

Alice Paul-mit,  
Hesquiaht



**Circle of Protection**



Kackaamin Family Development Centre  
adapted from Middleton-Moz

## Main Components

- ✓ Self-Awareness & Self-Regulation
- ✓ Addictions, Trauma, & Grief
- ✓ Connection to other women

## Pre-requirements

- ✓ Detox & Sobriety (see *Stabilization Checklist*)
- ✓ Complete applications (available on our website)

